

300 HOURS YOGA TEACHER TRAINING COURSE APPLICATION FORM



Arhanta Yoga
ASHRAMS

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COURSE DETAILS

Course Start Date (DD-MM-YYYY)

Accommodation choice Netherlands

Dormitory Dormitory (same gender only) Double shared Single room

PERSONAL INFORMATION

First Name

Last Name

Gender

Male Female

Street + House Number

City

Country

Zip code

Phone (Mobile)

Email address

Birth Date (DD/MM/YYYY)

Nationality

EMERGENCY CONTACT

Name

Phone

Mobile

Relationship

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YOGA & TEACHING EXPERIENCE

Graduated from Arhanta Yoga

Yes No If no, please send us your 200 hour certificate from your previous school

Date / Month – Year of Graduation

Do you have any experience teaching yoga?

Yes No

How long have you been teaching yoga?

Not at all Six months to one year More than one year

If more than one year: How many years?

SUBSTANCES & SPECIAL DIET

Have you in the last 12 months used tobacco, alcohol, recreational drugs, or illicit substances?

Yes No

Do you currently continue to use any of these substances? If yes, please list substance and frequency of use:

Please note that for any residential courses conducted at the premises of the Arhanta Yoga Ashrams in India and the Netherlands, the use of tobacco, alcohol and any other drugs is strictly prohibited. Please consider carefully before applying that you will be able to discontinue the use of any such substances during the entire duration of your course.

What is your primary diet?

Please mention in case you have any allergies or special dietary needs:

Please check with us if we will be able to accommodate your special dietary needs.

CANCELLATION & REFUND POLICY

For our detailed cancellation & refund policy please refer to article 5 : <https://www.arhantayoga.org/general-conditions>

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HEALTH INFORMATION

By signing and submitting this application form the applicant confirms that he or she is in a fit state to follow the intensive training. If you have any doubts regarding your physical or mental fitness and health please check with us prior to submitting your application. By accepting your application we assume that you are physically and mentally fit and stable and not pregnant.

ASHRAM RULES AND REGULATIONS

1. The Arhanta Yoga Ashrams are dedicated to creating a more conscious and compassionate world. Our mission is to create a safe environment to promote spirituality, ethical behavior, respect and trust.
2. The student's behavior and attitude, while at the ashram, should respect ashram culture and enhance the spiritual atmosphere of the ashram. The ashram should not be treated like a social club or resort.
3. Students should maintain an atmosphere encouraging mutual respect, civil and congenial relationships and free from all forms of harassment and violence, where everyone can discuss their differences and exchange ideas openly, honestly and respectfully.
4. Students should use respectful language with each other. Any bullying, negative gossiping, spreading of rumors may result to expulsion from the course.
5. Use of tobacco, alcohol, non-prescription drugs, meat, fish, eggs are NOT allowed while staying at the ashram.
6. Students should not make public displays of affection. Public nudity is forbidden. Celibacy as part of the spiritual discipline is encouraged while staying at the ashram. Modest dress (shoulders, midriff and legs covered) should be maintained at all times including asana classes.
7. Students are not allowed to leave the ashram premises (except on the weekly free day, at designated timings) without permission of the course director.
8. Lights are out & silence is to be maintained after 9:30pm.
9. Use of electronic gadgets like mobile phones / tablets etc. is not allowed in the ashram except during designated hours in office area only.
10. Use of heavy electrical items like iron, water cooker etc is not allowed in the rooms due to electricity overload problem.
11. Participation in scheduled classes, karma yoga and Satsang is mandatory.
12. Photography, video, audio recording is not allowed during the classes without prior permission of the course director.

TERMS & CONDITIONS

1. Students are responsible for their own medical and health care. They should carry their own medicines if necessary. Very limited medical care is available at the ashram and it can be provided only in case of emergency.
2. Arhanta Yoga Ashram cannot be held liable for any accidents, injuries or thefts during the course.
3. All fees are payable 10 weeks before the course starts or the given due date, in case of nonpayment in time the registration may be cancelled and the deposit may be forfeited.
4. We have standard non refundable fees and refundable fees with insurance premium. Once the registration is made it is not possible to change from one fee structure to another.
5. In case the course is rescheduled or cancelled due to unforeseen circumstances, Arhanta Yoga Ashrams liability is limited to the refund of deposited fees only.
6. Arhanta Yoga Ashram reserves the right to use any pictures / videos taken during the course and activities for its records and promotional purposes.
7. Even in possession of the student the copyright for the Arhanta Yoga teacher training manual and content stays with Arhanta Yoga and is forbidden to share / distribute it.
8. Certificate will be awarded after passing the exams with at least 300 of attendance hours.
9. Arhanta Yoga is not responsible if the ashram environment or the course does not meet personal expectations of the student. We only assure you what is mentioned on the website.
10. If you have any doubts regarding your physical or mental fitness and health please check with us in a prior to submitting your application through a separate email. By receiving your application we assume that you are physically and mentally fit and stable and not pregnant.
11. All disputes are subject to the law of the Netherlands and will be decided only by the competent court in the Netherlands to the exclusion of any other court or way of settling legal or other disputes.

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LIABILITY WAIVER

For a complete overview of liability we refer to Arhanta Yoga's Liability Waiver and Terms and Conditions.

<https://www.arhantayoga.org/general-conditions>

GDPR PRIVACY POLICY

This form collects your data for administration of your registration. This data is used to ensure full and detailed registration for your stay at the Ashram to provide the correct requirements for your interaction and/or stay at our accommodation and courses. This data is secured and only handled by Arhanta administrators. It is stored on our protected online database, accessible to Arhanta administrators, and backups are made on a protected server as well as locally on protected administration devices.

The application data and email records are removed after five years. After this time we keep basic name and email data for administration and graduate records only. You have full rights to have any or all of your data completely purged or changed at any time.

Your data will not be sold or exchanged for marketing goals. After sending us mail, we will send you emails only concerning information about your course or relevant to you personally.

<https://www.arhantayoga.org/privacy-policy/>

FULL DISCLOSURE

The information an applicant provides on this form is treated as confidential and will only be seen by those teachers and staff involved with the Teacher Training Course. Arhanta Yoga treats all personal data you provide in accordance with the Personal Data Protection Act.

"By submitting this application and typing my full name below I affirm the statements below:-

1. I affirm that the information provided on this application form is true and complete to the best of my knowledge. False, incomplete, or misleading information is grounds for rejection of this application, expulsion from the program, or revocation of certification after completion of the program.
2. I confirm that I am in appropriate mental and physical health to be able to follow the course.
3. I confirm that I have read and agreed on the Rules & Regulations, Refund policy, terms & conditions and liability waiver of Arhanta Yoga.
4. I understand that non-observance of ashram rules can result in expulsion from the program.
5. For our general terms and conditions and liability waiver please refer to:

<https://www.arhantayoga.org/general-conditions/>

<https://www.arhantayoga.org/Liability-waiver.pdf>

Full Name OR Signature

Date

***This is a digital form thus typing the name will be treated the same as a signature.**

The form can be filled and sent digitally to ttc@arhantayoga.org

For questions you can text or call us on WhatsApp: +31 618 504823