



ACCIDENT WAIVER AND RELEASE OF LIABILITY FORM

In consideration of my application and permitting me to participate in activity of **Yoga Teacher Training Course or Yoga Retreat or Yoga Vacation program** organized by **Arhanta Yoga International, Arhanta Yoga Ashram, Arihanta Yatri Niwas**, I hereby state on behalf of myself, my executors, administrators, heirs, next of kin, successors, and assigns, as follows:

(A) I WAIVE, RELEASE, AND DISCHARGE THE FOLLOWING ENTITIES OR PERSONS: Arhanta Yoga International, Arhanta Yoga Ashram, Arihanta Yatri Niwas, and/or their directors, officers, employees, volunteers, representatives, and agents, and the activity holders, sponsors, and volunteers FROM ANY LIABILITY, including but not limited to, liability arising from any conduct of the above-mentioned persons and entities resulting in death, disability, personal injury, property damage, property theft, or actions of any kind which may hereafter occur to me including my traveling to and from this activity;

(B) INDEMNIFY AND HOLD HARMLESS the entities or persons mentioned in this paragraph from any and all liabilities or claims made as a result of participation in this activity;

(C) I AGREE TO OBEY all posted rules, warnings and further agree to follow any oral instructions, warnings, and directions given by the above-mentioned event organizer and/or their representatives;

(D) Any legal or equitable claim that may arise from the participation in above shall be resolved under the Dutch Law and only in The Netherlands;

(E) Any dispute or complaint of any nature against staff or volunteers shall in the first place be submitted to the Course Director or Ashram Caretaker.

I HEREBY ASSUME ALL OF THE RISKS OF PARTICIPATING IN ANY/ALL ACTIVITIES ASSOCIATED WITH THIS EVENT FROM ANY RISKS THAT MAY ARISE FROM, including but not limited to: negligence or carelessness on the part of the persons or entities, any possible liability without fault, dangerous or defective equipment that is owned, maintained, or controlled by **Arhanta Yoga International, Arhanta Yoga Ashram, Arihanta Yatri Niwas**, and/or their directors, officers, employees, volunteers, representatives, and agents, and the activity holders, sponsors, and volunteers.

I acknowledge that **Arhanta Yoga International, Arhanta Yoga Ashram, Arihanta Yatri Niwas** and their directors, teachers, officers, volunteers, representatives, and agents are NOT responsible for the errors, omissions, acts, or failures to act of any party or entity conducting a specific activity on their behalf.

I acknowledge that this activity may involve a test of a person's physical and mental limits and carries with it the potential for death, serious injury, and property loss. The risks include, but are not limited to, those caused by terrain, facilities, temperature, weather, condition of participants, equipment, vehicular traffic,



lack of hydration, and actions of other people including, but not limited to, participants, volunteers, monitors, and/or producers of the activity. These risks do not only pertain to participants, but also to volunteers.

I acknowledge that mental and physical fitness, preparation, and training is of the utmost importance before and during the course. I acknowledge that I have the duty to report to the above-mentioned event organizer and/or their representatives, any physical or mental discomfort or complaints or (suspected) pregnancy before or during the course. I acknowledge that there are no health-related reasons, problems or history which preclude my participation in this activity and that I have not been advised against participating in this activity by a qualified medical professional.

I acknowledge that this Accident Waiver and Release of Liability Form will be used by the event holders, sponsors, and organizers of the activity in which I may participate, and that it will govern my actions and responsibilities at said activity.

I hereby consent to receive medical treatment which may be deemed advisable in the event of injury, accident, and/or illness during this activity.

The Accident Waiver and Release of Liability Form shall be construed broadly to provide a release and waiver to the maximum extent permissible under applicable law. The maximum liability is in any case limited to the amount paid for the course by applicant.

I CERTIFY THAT I HAVE READ THIS DOCUMENT AND I FULLY UNDERSTAND ITS CONTENT. I AM AWARE THAT THIS IS A RELEASE OF LIABILITY AND A CONTRACT AND I SIGN IT OF MY OWN FREE WILL.

Participant's Signature

Date

Participant's Name

Age

Parent/Guardian Signature

Date

(If under 18 years old, Parent or Guardian must also sign.)